

## Mid-Shore Mental Health Systems, Inc.

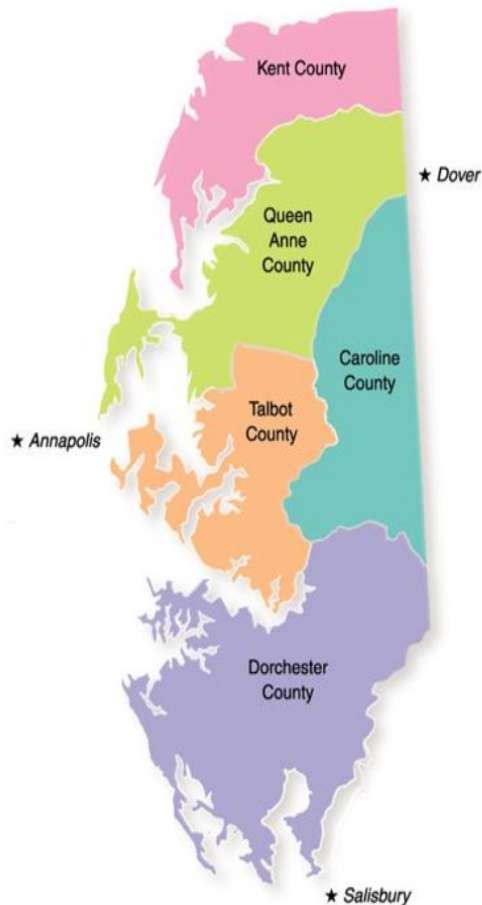
MSMHS is a private, not-for-profit 501(c)(3) organization, serving Caroline, Dorchester, Kent, Queen Anne's and Talbot counties.

Mid-Shore Mental Health Systems, Inc.  
28578 Mary's Ct., Suite 1  
Easton, MD 21601

Tel: 410-770-4801/Fax: 410-770-4809

Website: [www.msmhs.org](http://www.msmhs.org)

E-mail: [csa@msmhs.org](mailto:csa@msmhs.org)



## Support for Individuals and Family Members

The National Alliance on Mental Illness (NAMI) is the nation's largest grassroots organization for those with mental illness and their families. NAMI is dedicated to improving lives through education, support, and advocacy.

### NAMI provides:



#### RESOURCES

Information about mental illnesses, mental health care, treatment and recovery.



#### EDUCATION and SUPPORT

Free programs and support for families and individuals living with mental illness.



#### ADVOCACY

Get informed about state and National mental health care issues.

#### NAMI Maryland

10630 Little Patuxent Parkway, Suite # 475

Columbia, MD 21044

Toll-free: 1-877-878-2371

410-884-8691

[info@namimd.org](mailto:info@namimd.org) | [www.namimd.org](http://www.namimd.org)

#### NAMI National

3803 N. Fairfax Drive, Suite # 100

Arlington, VA 22203

703-524-9094 | [www.nami.org](http://www.nami.org)

# Mid-Shore Mental Health Resource Guide



for  
**Individuals with  
Mental Illness  
and their Families**

## Mental Health Resources

Mid-Shore Mental Health Systems  
410-770-4801  
Bridge's Behavioral Health & Wellness  
410-758-8750  
Caroline County Mental Health Clinic  
410-479-3800  
Eastern Shore Psychological Service  
410-822-5007  
Kent County Behavioral Health 410-778-5783  
Shore Behavioral Health 410-228-5511  
SAMHSA 877-726-4727  
Warwick Manor Behavioral Health  
410-943-8108  
Maryland Coalition of Families for Children's  
Mental Health Eastern Shore Office  
410-763-6645

## Law Enforcement and Legal Services

Maryland Disability Law Center  
410-727-6352  
Maryland Volunteer Lawyer Services  
800-510-0050  
MSMHS Forensic Mental Health Program  
410-770-4665

## Case Management

Crossroads Community, Inc. 410-758-3050  
Upper Bay Counseling and Support Services  
410-996-5401

## Crisis Information

Life Threatening Emergency 911  
Info & Referral, Crisis Intervention 211  
Eastern Shore Operations Center and Mobile  
Crisis Services 888-407-8018  
MD Youth Crisis Hotline 800-422-0009  
Mid-Shore Council on Family Violence  
800-927-4627  
National Poison Center 800-222-1222  
Suicide Prevention Hotline 800-784-2433  
Veterans Crisis Hotline 800-273-8255  
For All Seasons, Inc. 800-310-7273

## Transitional Housing

PATH Crossroads Community, Inc.  
410-758-3050  
Hudson Health Services 410-219-9000  
Children's Choice 410-643-9290  
Channel Marker, Inc. 410-822-4619  
Go-Getters, Inc. 410-546-7754

## Hospitals

University of Maryland Shore Medical Center  
*at Chestertown* 410-778-3300  
*at Dorchester* 410-228-5511  
*at Easton* 410-822-1000  
Eastern Shore Hospital Center 410-221-2300  
Adventist Behavioral Health 410-221-0288  
Queen Anne Emergency Center  
410-827-3900

## Helpful Websites

**Mid-Shore Mental Health Systems**  
[www.msmhs.org](http://www.msmhs.org)

**Core Service Agencies in Maryland**  
[www.marylandbehavioralhealth.org](http://www.marylandbehavioralhealth.org)

**NAMI Maryland Resources**  
[www.namimd.org/resource\\_center](http://www.namimd.org/resource_center)

**Maryland Department of Health and  
Mental Hygiene**  
[Www.dhmd.maryland.gov](http://Www.dhmd.maryland.gov)

**U.S. Department of Health & Human  
Services - Mental Health**  
[www.mentalhealth.gov](http://www.mentalhealth.gov)

**National Institute on Mental Health**  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

**Network of Care**  
[www.networkofcare.org](http://www.networkofcare.org)

**Maryland Coalition for Families for  
Children's Mental Health**  
[www.mdcoalition.org](http://www.mdcoalition.org)

**Mental Health Association of Maryland**  
[www.mhamd.org](http://www.mhamd.org)

**Community Behavioral Health of MD**  
[www.mdcbh.org](http://www.mdcbh.org)

### Please Note:

*This is a listing for general information,  
not specific recommendations.*