



Maryland

2008 ANNUAL REPORT

Vision Statement

NAMI Maryland is dedicated to the persons, families, and communities affected by mental illness.

Mission Statement

NAMI Maryland is a grassroots organization dedicated to education, support and advocacy for persons with mental illnesses, their families and the wider community. Our mission is to improve the quality of life for individuals with severe mental illnesses and their families.

General Support and Advertising Sponsors

Bristol-Myers	15,000.00
Astra Zeneca	10,000.00
Eli Lilly & Company	12,750.00
Howard County General	2,500.00
Innovative Resource	2,500.00
Ortho McNeil	2,500.00
Adventist Health Care	2,500.00
Inter Public Group	2,000.00
I2s	1,500.00
Maryland Management	1,000.00
RT Dooley	750.00
VMS Medical	500.00
Sheppard Pratt - Way Station	500.00
Mentor Network	500.00
Psychiatric Institute	500.00
Chevy Chase Bank	500.00
Maryland Psychiatric Society	500.00

Board and staff members

Officers

- President*, Janet Edelman
- 1st Vice President*, Connie Walker
- 2nd Vice President*, Darlene Dockins
- Treasurer*, Orlando Davis, MD
- Secretary*, Johanna Snyder

Staff

- Lynn H. Albizo, Executive Director
- Monica B. Anderson, Director of Fundraising and Special Events
- Erica Sullivan, Education Coordinator
- Margaret A. Sommerman, Administrative Assistant

Members

- Katy Crane
- Stephanie Feldman
- John Gray, J.D.
- Gerri Gray
- Renee Y. McDaniel, Ph.D.
- Remo Molino
- Paul H. Naden, CPA, JD
- Royal Riddick
- Steven S. Sharfstein, MD
- Donald T. Slater

Public Policy

- Patricia Harvey

Financial Consultant

- Nancy Hall

Office Volunteer

- Darlene Bedsole

NAMI Maryland Staff: L to R: Erica Sullivan, Lynn H. Albizo, Monica B. Anderson, and Margaret A. Sommerman



Statement of Activities

For the years ended June 30, 2008 and 2007

	2008		2007	
	Unrestricted	Restricted	Unrestricted	Restricted
Revenues				
<i>Where the money comes from</i>				
Contributions and grants, membership	\$ 78,826		\$170,717	
Government grants and contracts	214,119	25,000	163,098	35,000
Nami Walks	110,508		97,929	
Investment	7,350		26,060	
All Other	9,084		8,064	
Released from restriction	40,805	(40,805)	34,464	(34,464)
Total Revenues	\$460,692	\$(15,805)	\$500,332	\$ 536
Expenses				
<i>Where the money goes</i>				
Personnel	\$215,548		\$183,454	
Office/Occupancy	140,752		113,223	
Walk	32,804		26,181	
Workshops/Affiliate Funds	71,728		43,736	
Total Expenses	\$460,832	—	\$366,594	—
Surplus/(deficit)	\$ (140)	\$(15,805)	\$133,738	\$ 536

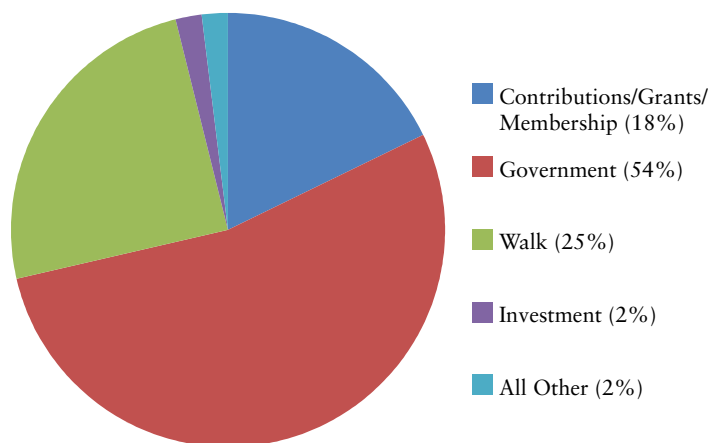
Balance Sheet

Fiscal years ending June 30, 2007 and June 30, 2008

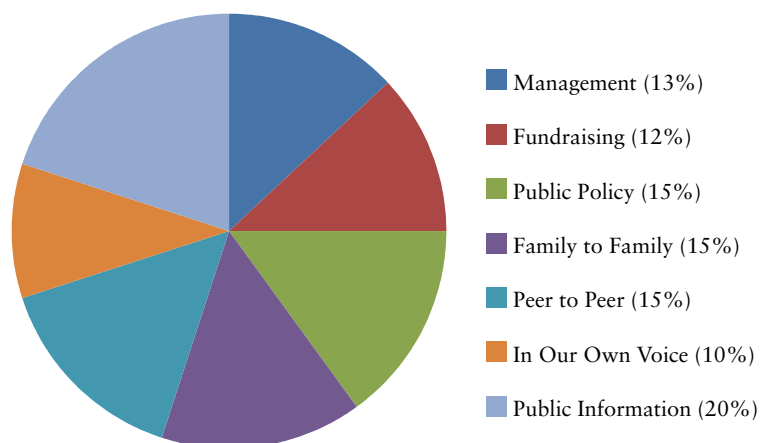
	6/30/08	6/30/07
Assets		
Cash and cash equivalents	\$131,814	\$230,272
Investments	390,659	311,827
Grants and contracts receivable	47,883	12,748
Furniture and equipment	6,174	11,089
Other assets	9,260	9,683
Total Assets	\$585,790	\$575,619
Liabilities		
<i>Accounts payable and accrued expenses</i>	\$ 90,998	\$ 64,882
Net Assets		
Unrestricted	379,856	382,728
Unrestricted board designated Affiliate Fund	48,952	46,531
Unrestricted board designated Endowment Fund	36,082	35,771
Temporarily restricted	29,902	45,707
Total Net Assets	494,792	510,737
Total Liabilities and Net Assets	\$585,790	\$575,619

The complete Report on the Audits of the Financial Statements is available upon request

Revenues



Expenses



NAMI Maryland Education And Support Group Programs

The Family-to-Family Education Program is a free twelve week course for relatives and caregivers of individuals with mental illnesses. NAMI trained family members teach the course and all materials are free for class participants. The course discusses treatment for mental illnesses and teaches skills to cope with challenge of living with a relative with a mental illness.

NAMI Family Support Groups are for relatives and caregivers of individuals with mental illness. The support groups are run by local affiliates and have facilitators trained by NAMI. These groups provide a caring atmosphere for individuals to share their common experiences while developing skills needed to cope with daily challenges.

Peer-to-Peer: NAMI's Recovery Curriculum is a free nine week course taught by a team of trained mentors who are experienced at living well with mental illness. It is for persons with serious mental illness who want to establish and maintain their wellness and recovery.

NAMI Connection: Peer Support Group Program is a 90-minute weekly support group run by NAMI trained peer facilitators who live with mental illness for others who also live with mental illness. NAMI Connection is not illness-specific, and welcomes persons with all psychiatric diagnoses.

In Our Own Voice: Living with Mental Illness is an informational, outreach program on recovery, presented by trained persons who live with mental illness to professional and lay groups in

the community and institutions. This program includes a video, personal testimony, and discussion. It is an opportunity for individual presenters to gain self-confidence, offer insight and provide hope to others by sharing their experiences.

NAMI Basics is a new signature education program for parents and caregivers of children and adolescents who developed the symptoms of mental illness prior to the age of 13 years. NAMI-trained parents and caregivers teach the free six week course and all materials are free for participants. Participants that complete the course leave with the fundamentals to care for their family and children with mental illness.