



# About NAMI Maryland

NAMI operates at the national, state and local level. NAMI Maryland is the NAMI state organization in Maryland. NAMI Maryland provides **educational resources**, speakers, events, statewide **outreach and advocacy**, affiliate **organizational development** and support. NAMI Maryland also **provides the essential trainings** that allow NAMI volunteers to provide truly **transformational NAMI programs**. In turn, local NAMI affiliates coordinate these volunteers to offer free peer support, education, outreach programs, engage and advocate in their communities. NAMI provides strategic direction and support to NAMI state and local organizations, and engages in national advocacy and program development.

NAMI Maryland identifies and works on critical issues that are important to our stakeholders. We also work with our national organization and local affiliates to educate and activate Maryland residents about national and state advocacy issues. **Individual members and the extraordinary work of volunteers and affiliate leaders across the state are essential to move the NAMI mission forward.**

## **The values that inform all NAMI Maryland actions include:**

- Empowerment of families and individuals with mental illness
- Peer-based, recovery-oriented, programming and services: Led by intensively trained family members and individuals with mental illness for their peers
- Experts for the community: Family members and individuals with mental illness can use their personal experience to improvement systems and to provide community and peer education
- Volunteers and community partners: We leverage the power and networks of volunteers and community partners to spread NAMI's message of hope and advocacy

## **NAMI Maryland continues to expand our reach and there is increased awareness about NAMI Maryland and its affiliates. We provide:**

- **A network** of over 30,000 families, individuals, community-based organizations and providers who, in turn, connect us to their own networks and affiliations.
- **Peer Education and Support:** NAMI Maryland offers effective, FREE peer education and support programs, delivered at the local level in collaboration with local NAMI affiliates.
- **Community Outreach and Education:** NAMI Maryland provides effective community education and outreach directly in collaboration with local affiliates. We offer valuable education and resources through free teleconferences, webinars, an annual two day multi-track public conference, other events, , online through social media, our expanding website, and listserv.
- **Affiliate Development and Assistance:** We provide services and consultation to 12 local affiliates and many emerging NAMI groups across the state, furthering our common mission.
- **Advocacy and public policy agenda:** NAMI Maryland has an extensive policy platform and advocacy agenda focused on reducing the stigma of mental illness, and supporting development of and access to effective detection, treatment and recovery programs in all parts of the state.
- **A toll-free statewide helpline** provides useful information and connects to support and resources
- **The annual Maryland NAMIWALKS** raises public awareness about mental illness and funds for many of our services.
- **A newsletter and other resource materials** provide useful and practical information.

**More work needs to be done. Join with us to improve the quality of life for individuals with mental illnesses and their families.**

# NAMI Programs

**NAMI Peer Education Course and Support Groups:** NAMI Maryland trains individuals and relatives living with mental illness to teach and facilitate NAMI courses and support groups for other individuals and relatives in their local communities. **NAMI Outreach and Community Education:** We train individuals and relatives to present workshops and trainings targeted for various audiences, including the faith community, employers, law enforcement, school personnel, students, and many others. NAMI programs cannot happen without the training provided by NAMI Maryland. NAMI Maryland, coordinates, promotes, and provides some NAMI programs directly where there is insufficient capacity in a local affiliate.

This past year, over 100 individuals with mental illness and family members from across Maryland were trained to facilitate support groups, teach education courses and to educate various audiences. Six more state trainers, were trained, enabling NAMI Maryland to hold even more trainings and reach more individuals throughout the state. In Fiscal Year 2014, NAMI Maryland-trained teachers led over 35 peer education courses, graduating nearly 400 individuals, and many more were reached by people trained by NAMI Maryland to provide peer-support groups and outreach workshops through NAMI's signature programs.

- **NAMI Family-to-Family** is a free 12-session education and skills course for families taught by intensively trained relatives. At least 22 Family-to-Family courses were held enrolling nearly 400 individuals.

- **NAMI Peer-to-Peer** is a 10-session relapse prevention, recovery-focused course for individuals with mental illness by individuals who have "been there." Nearly 150 individuals living with mental illness were enrolled in 8 courses in Maryland. NAMI Harford County held its first ever NAMI Peer-to-Peer course enrolling 13 individuals. The course was coordinated by NAMI Maryland.

- **NAMI Basics** is a six-session education and skills course for caregivers of children with behavioral health issues. Five (5) Basics courses were held enrolling 72 individuals.

- **NAMI Connection Recovery Support Group**, a structured problem-solving support group for individuals with mental illness, facilitated by intensively trained peers. At least 9 ongoing NAMI Connection groups are now available in Maryland.

- **NAMI Family Support Group**, a structured problem-solving support group for family and close friends is facilitated by intensively trained family members who have "been there." At least 10 ongoing Family Support Groups are offered in Maryland and more are in development.

- **In Our Own Voice**, a presentation about living with mental illness facilitated by intensively trained individuals who effectively use their personal experience in a structured workshop to educate and give hope in the community, providers and others living with mental illness. Over 152 In Our Own Voice presentations occurred in Fiscal Year 2014, reaching at least 2,700 individuals in the community.

## NAMI Homefront

Based on our experience reaching military families and individuals, our national organization has selected NAMI Maryland to pilot the newest NAMI signature program, NAMI Homefront.

NAMI Homefront is a free, six-session course for family, friends and significant others of current and past military service members with mental health conditions. It is taught by trained relatives who have lived with mental illness and know the military culture. Like all NAMI courses, it is designed to help family members understand to support their loved one while maintaining their own well-being, cover post-deployment and post-discharge transition issues.

NAMI Maryland is planning to hold 3 NAMI Homefront classes in 2014 in Prince George's, Harford and Montgomery County!

# NAMI Maryland Advocacy

NAMI Maryland coordinates many passionate voices on mental illness. We lead NAMI advocates' ongoing advocacy efforts to improve mental health and related services throughout Maryland, to reduce the stigma associated with mental illness, to support effective treatment and recovery programs. NAMI Maryland has an extensive policy agenda and was deeply involved in a wide range of advocacy and policy activities this fiscal year. The following are highlights of some of NAMI Maryland's advocacy during Fiscal Year 2014 (April 2013-March 2014) and a few months thereafter.

## Legislative Advocacy

The Maryland General Assembly convened on January 8, 2014. We were deeply involved in critical conversations regarding bills that affect mental health public policy. We also closely monitored committee deliberations regarding Governor O'Malley's 2015 Behavioral Health Administration Budget, as well as the Supplemental Budget that was released Monday, March 31. While it was positive that the Behavioral Health budget did not face drastic cuts for mental health services, we continued to emphasize the importance of increased mental health funding for effective and accessible services.

We all agree that timely treatment produces better outcomes and quicker recovery for individuals with a mental illness. Timely treatment helps prevent suicides, violence, homelessness, incarceration, and results in better treatment outcomes with shorter and fewer hospitalizations. Several bills were introduced to address access to timely treatment.

There were several notable accomplishments, while other bills were amended to ensure that appropriate steps are taken to ensure successful implementation in subsequent years. NAMI Maryland also supported the Mental Health and Substance Use Disorder Safety Net of 2014, which addressed service delivery gaps, in the public mental health system; services that are essential to individuals with a mental illness to keep them stable and living well in the community. Lastly, we supported efforts to ensure effective systems are in place to support implementation of the Affordable Care Act. It is imperative that as health care reform unfolds, that all eligible individuals with mental health and/ or substance use concerns are enrolled in Medicaid or the health benefits exchange qualified plans.

Finally, we held our annual Advocacy Day on February 5. Despite the snow and ice, more than 60 advocates traveled to Annapolis to meet with their representatives. Many more participated in our first ever "Virtual Advocacy Day" from home. All members of the General Assembly received a resource packet from NAMI Maryland highlighting our priorities.

Overall, meaningful steps were made during the 2014 General Assembly session to improve the availability, accessibility, quality of comprehensive mental health treatment and rehabilitative services throughout the state of Maryland.



*Anne Arundel County NAMI members meeting with their legislators on Advocacy Day.*



# NAMI Maryland Advocacy

## Improving Police and Corrections' Response to Mental Illness

NAMI Maryland and our Executive Director, Kate Farinholt, has worked for years on projects to improve the criminal justice system's response to mental illness. Kate has helped develop curricula for law enforcement and corrections on this issue. She is currently working with several police departments and the Maryland State Training Commissions on law enforcement and corrections trainings. In Fiscal Year 2014, NAMI Maryland developed and held a Campus Police and Security training for 11 college campuses.

Kate represents NAMI Maryland on the Mental Health and Criminal Justice Partnership. This Fiscal Year, she was asked to co-chair the new CIT Subcommittee on improved police response to mental illness in Maryland. CIT is broadly defined, as a collaborative, community based police/behavioral health model which includes improved training, ongoing problem solving and multi-systems change. During Fiscal Year 2014 the subcommittee worked with national and state experts to define the core elements necessary to implement "CIT" fully and sustain it over time. The committee and its members worked with state and local agencies to assess where each jurisdiction is in the implementation process, and what remains to be done. Lastly, the subcommittee organized three regional CIT forums across the state. These forums gave teams from local behavioral health providers and law enforcement an opportunity to come together and learn from national experts and local jurisdictions that are successfully working to develop and institutionalize full programs. Next steps: advocate for a statewide independent technical assistance center with a mandate to assist communities in developing sustainable programs.

## Health Care Reform Outreach

People with health insurance coverage live longer, healthier, and happier lives, yet hundreds of thousands of Marylanders have not been able to get adequate health insurance. The health care reform law, the Patient Protection and Affordable Care Act (ACA), offers new choices for quality low cost private health insurance.

NAMI Maryland has undertaken an extensive outreach project to educate and engage individuals about accessing health insurance and Maryland's new marketplace, Maryland Health Connection, with the support of the Jacob & Hilda Blaustein Foundation. Staff, volunteers, and interns were trained to respond to basic helpline and email questions. We developed a flyer and planned an extensive outreach campaign, while responding to the ups and downs of the rollout. Two mass emails were sent to over 15,000 individuals and organizations for distribution. *Between mid-April and mid-March alone*, we printed over 20,000 fliers and many more were printed out by others or forwarded digitally. Revised flyers were distributed through NAMI education and support programs, NAMI outreach workshops (*In Our Own Voice*, etc.), affiliate meetings and community events, reaching over 2500 individuals; and leveraged our many supporters and their networks to reach tens of thousands more. We were even able to track specific sites where 18,365 print flyers were distributed, including churches, universities, medical offices, grocery stores, etc.

NAMI Maryland will continue to build knowledge and awareness and to prepare for the next enrollment period. ***Let us know if YOU would like to help get out the word***

*"I left the NAMI MD Campus Police training with a better understanding of mental illness."*

*Campus Police Training attendee*

*Between mid-April and mid-March alone, we printed over 20,000 fliers and many more were printed out by others or forwarded digitally.*

# 2013 NAMI Maryland Conference

## Feedback from attendees:

*“Sessions were very informative and the speakers very knowledgeable!”*

*“I learned more in two days concerning mental health issues than I learned in [my] psychology MA program in 8 months.”*

*“Great presenters: best conference I’ve ever been to!”*

At the 2013 Annual State Conference, we continued 2012’s very successful two-day conference format. The conference offered two days’ worth of practical, skill-building workshops for individuals with mental illness, family members, mental health service providers, community leaders, individuals working in criminal justice, and local NAMI leaders. There were more than 30 workshops over two days, full of useful information.

We were pleased and honored that the plenary speakers on Friday and Saturday were able to join us to share their expertise in mental health and update us about the many reforms in health and mental health care reform:

- **Charles J. Milligan, Jr., JD**, Deputy Secretary, Health Care Financing, Maryland Department of Health and Mental Hygiene
- **Carolyn A. Quattrocki**, Executive Director, Governor’s Office of Health Care Reform
- **Dr. Brian Hepburn**, Executive Director, Mental Hygiene Administration of Maryland

We also had a special plenary on Saturday afternoon, at which *Invisible to the World* was shown— a moving film offering a candid look at the impact of serious mental illness on Baltimore’s families: mothers, fathers, brothers and daughters struggling to cope with a relative’s chronic psychiatric condition.

Both days’ concurrent workshops covered a wide variety of topics. In addition to health care, many other topics were covered at the conference. Attendees learned about treatment options for individuals with mental illness; and programs that integrate a wide variety of services for people with mental illnesses and substance use disorders, including job training, rehabilitative services, and use of the arts. Attendees also had the opportunity to attend a sessions covering a variety of tactics to convince a troubled person to have an evaluation by a mental health professional, from supportive persuasion through therapeutic-coercion, to involuntary approaches.

Advocacy training sessions explained how to connect with lawmakers using facts and anecdotes, suggest solutions, and follow up afterward. Other workshops offered tips on suicide prevention, including risk factors, warning signs, and getting help. The conference directly serves over 200 participants from across the state, and serves many more through the extensive resources posted on our website afterwards.

## 2013 NAMI Maryland Conference Sponsors

### Gold—\$5,000

Lilly  
Otsuka America Pharmaceutical, Inc. (OAPI)

### Titanium—\$2,500

Janssen  
Sheppard Pratt (in kind)

### Silver—\$1,000

Maryland Center for Problem Gambling (University of Maryland Psychiatry)  
Network of Care - Trilogy Integrated Resources, Inc.  
Genentech

### Bronze—\$500

Pathways - Anne Arundel Medical Center  
Linked Wellness  
Maryland Addiction Professional Certification Board

Upper Chesapeake Hospital Center  
Hudson Health Services, Inc.  
Phoenix House Mid-Atlantic  
Maryland Association of Core Services  
Maryland School Psychologists Association (MSPA)  
Family Services

### Copper—\$250

Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury  
Kennedy Krieger Institute - Clinical Trials Unit  
MD Quit Resource Center  
Adventist Health Care  
Baltimore Crisis Response, Inc.  
Johns Hopkins Schizophrenia Center, Dept. of Psychiatry & Behavioral Sciences, Johns Hopkins University School of Medicine  
NIMH Schizophrenia Research

# 2013 Maryland NAMIWalks

In May 2013\*\*, over 3,000 people from our region gathered for the Maryland NAMIWalks in Baltimore at Rash Field in the Inner Harbor. This was NAMI Maryland's 11th year\*\* organizing, hosting and coordinating NAMIWalks in Maryland!

NAMI Maryland coordinates the NAMIWalks in Maryland to spark conversations about mental illness. Local NAMI affiliates in Maryland partner with us to energize individuals and organizations across Maryland, raising awareness and funds for local and statewide NAMI work to fight stigma, help people through crises, and provide much needed support and education about mental illness. All the funds collected by Walkers are used to fund NAMI's programs in Maryland.

At the Walk, Dr. Brian Hepburn, Executive Director of the Mental Hygiene Administration and Dr. Nollie Wood, Executive Director of the Mayor's Commission of Disabilities participated in the opening ceremony. After the walk, participants enjoyed food and ice cream provided by local food trucks, visited our many exhibit booths, and celebrated their success in the walk, recovery, and one another.

Thanks to those who walked, asked others to participate, and raised money by reaching out to their network of friends and family. YOU helped raise awareness about the vital work that NAMI does and helped to begin the public conversation about mental illness. We are grateful to our volunteers, families, and affiliates who helped with setting up, running registration, handing out water, and cleaning up. We absolutely could not have done it without you!



## 2013 NAMIWalks Sponsors

### Gold—\$5,000

CIGNA  
Whiting-Turner Contracting Company

### Silver—\$2,500

Otsuka  
Greenberg and Bederman, LLP  
Sheppard Pratt Health System  
University of Maryland Psychiatry

### Start/Finish Line—\$1,500

AstraZeneca  
Magellan Health Services

### Bronze—\$1,000

Alliance, Inc.  
Alpha Nu Omega, Inc.  
Baltimore Washington Medical Center  
CareFirst BlueCross BlueShield  
Genentech  
Help in the Home  
Howard County General Hospital  
International Precious Metals  
Janssen  
Maryland Association of Core Services

People Encouraging People  
Powers, Pyles, Sutter & Verville  
Suburban Hospital  
University of Maryland Medical Systems  
Wal-Mart #2412 - Ellicott City

### Supporter—\$500

Anne Arundel Medical Center  
Antonelli Organization, LLC.  
Baltimore Mental Health Systems  
Humphrey Management  
Johns Hopkins Medicine  
Kohls  
Maryland School Psychologist Association  
Mental Health Association of Maryland  
Morgan State University  
Praxis - Kinect Study  
Sam's Club #4771  
The Columbia Bank  
Wal-Mart #2799 Clinton

### Kilometer—\$250

Sam's Club #6650  
Apple Ford Lincoln  
Baltimore Crisis Response, Inc.

Brighter, Stronger Foundation  
Calvary Baptist Church  
Eyre Bus and Travel  
ezStorage  
Fidelity Engineering Corporation  
Gordon-Feinblatt, LLC  
Managed CIO  
Maryland Foundation for Psychiatry  
Michael Sisk  
Ober Kaler  
PNC  
Sound Empire Entertainment LLC  
Unit Construction  
Van Dyke and Bacon  
Vision Source of Linthicum  
Wal-Mart #5228 - Columbia  
Employee Benefit Services

### In-kind Sponsors

Drink More Water  
International Precious Metals  
Mental Hygiene Administration  
Norbeck Country Club  
Under Armour

\*\*In May 2014, after the fiscal year covered by this report, we hosted the 12th annual Maryland NAMIWalks at a new spot on Baltimore's Inner Harbor. *Stay tuned!*)

# 2014 Fiscal Year Financials

**NAMI Maryland Statement of Activities**  
**For the twelve months ending March 31, 2014 (Preliminary & Unaudited)**  
**FY 2014 Actuals**

	Unrestricted	Board Designated	Temporarily Restricted	Total	FY 2014 Budget	\$ Variance CY Actuals to Budget
<b>REVENUES:</b>						
Grants & Contracts	\$302,117	\$0	\$28,250	<b>\$330,367</b>	\$348,100	(\$17,733)
Contributions	45,260	0	0	<b>45,260</b>	54,500	(9,240)
Combined Charity Campaigns	4,591	4,591	0	<b>9,181</b>	9,000	181
Membership Dues	10,619	0	0	<b>10,619</b>	7,700	2,919
NAMIWalks, net (Income \$222,506 net of expenses \$131,899)	90,607	0	0	<b>90,607</b>	98,000	(7,393)
Fees for Service	4,436	0	0	<b>4,436</b>	2,500	1,936
Program Events & Development	38,992	0	0	<b>38,992</b>	30,000	8,992
Sales	689	0	0	<b>689</b>	800	(111)
Investment Income	11,972	0	0	<b>11,972</b>	1,000	10,972
Miscellaneous Income	4	0	0	<b>4</b>	0	4
Net Assets Released from Restriction	15,000	0	(15,000)	<b>0</b>	20,000	(20,000)
<b>Total Revenues</b>	<b>\$524,287</b>	<b>\$4,591</b>	<b>\$13,250</b>	<b>\$542,127</b>	<b>\$571,600</b>	<b>(\$29,473)</b>
<b>EXPENSES:</b>						
Salaries & Benefits	\$266,795	\$0	\$0	<b>\$266,795</b>	\$321,333	(\$54,538)
Contracted Services	130,790	0	0	<b>130,790</b>	110,165	20,625
Training Expenses	35,357	0	0	<b>35,357</b>	37,200	(1,843)
Program Events & Development	17,601	0	0	<b>17,601</b>	20,000	(2,399)
Educational Materials	14,193	0	0	<b>14,193</b>	9,200	4,993
Furniture/Equipment & Related Expenses	18,066	0	0	<b>18,066</b>	16,750	1,316
Office Supplies & Postage	5,929	0	0	<b>5,929</b>	6,000	(71)
Travel	8,627	0	0	<b>8,627</b>	5,000	3,627
Printing (external)	2,151	0	0	<b>2,151</b>	4,000	(1,849)
General & Administrative	9,590	0	0	<b>9,590</b>	9,800	(210)
Merchandise for Resale	446	0	0	<b>446</b>	500	(54)
Communications	8,405	0	0	<b>8,405</b>	9,000	(595)
Insurance	2,146	0	0	<b>2,146</b>	2,000	146
Occupancy ( <i>Rent, Utilities, Repairs &amp; Maintenance</i> )	38,456	0	0	<b>38,456</b>	36,878	1,578
Leasehold Improvements	5,989	0	0	<b>5,989</b>	0	5,989
Grants - Affiliate Fund	0	7,216	0	<b>7,216</b>	0	7,216
<b>Total Expenses</b>	<b>\$564,541</b>	<b>\$7,216</b>	<b>\$0</b>	<b>\$571,757</b>	<b>\$587,826</b>	<b>(\$16,069)</b>
<b>Net Income/(Loss)</b>	<b>(\$40,255)</b>	<b>(\$2,626)</b>	<b>\$13,250</b>	<b>(\$29,630)</b>	<b>(\$16,226)</b>	<b>(\$13,404)</b>
Change in net assets	(\$40,255)	(\$2,626)	\$13,250	<b>(\$29,630)</b>		
Net assets, beginning of the year	234,965	70,821	15,000	<b>320,786</b>		
<b>Total Net Assets</b>	<b>\$194,711</b>	<b>\$68,196</b>	<b>\$28,250</b>	<b>\$291,156</b>		



# FY 2014 Major Donors

Behavioral Health System Baltimore	\$229,092	The Ryna and Melvin Cohen Family Foundation	\$500
The Jacob and Hilda Blaustein Foundation	\$25,000	Suzanne Wasser	\$500
Charles Crane Foundation	\$15,000	Memories Charcoal House	\$495
Motorola Solutions Foundation	\$14,000	Amy Henderson	\$445
Louis B. Kohn, II and Josephine L. Kohn Family Foundation	\$5,000	The Baltimore Orioles	\$410
Mid-Shore Core Service Agency	\$5,000	Mark and Cynthia Thomas	\$410
The Progress Family Foundation	\$5,000	Andrea Giampetro-Meyer	\$400
Eli Lilly and Company	\$3,000	James Johnson	\$400
NAMI	\$3,000	Wendell Mohr	\$400
The Wishlist Foundation	\$3,000	SIGAL Construction Corporation	\$400
ValueOptions, Inc.	\$2,000	Rachael Wasser	\$400
Susan Conley	\$1,500	ChooseMaryland	\$350
David Wasser	\$1,250	Jason Dunaja	\$350
Carolyn Knight	\$1,200	Susan Dyer	\$350
Jim and Linda Humphrey	\$1,100	Ann Godwin	\$350
William and Elanna Taylor	\$1,085	Janet Williams	\$340
The Anne R. Eckfeldt Fund	\$1,002.92	David Novello	\$325
Essex Community Connection	\$1,000	Jonna and Steve Stoycos	\$325
Mimi Kress	\$1,000	Morgan State University Dept. of Psychology	\$310.39
Linda Matheny	\$1,000	Hubert Colby	\$300
Mary Ellen Moran	\$1,000	Janet Edelman	\$300
Karen Ort	\$1,000	Deborah Goldsmith	\$300
The Sisco Family Fund	\$1,000	Donald Slater	\$300
Chuck and Donna Wagner	\$1,000	Roxanne Taylor	\$300
Dartmouth College	\$950	Nancy Votta	\$300
Evelyn Burton	\$900	Colette Walker-Thomas	\$300
Ben Hackerman	\$800	Michael Gilles	\$260
Kathryn S. Farinholt	\$780	Suzan Lumpkin	\$260
Eugenia Barnett	\$726.92	Scott Businsky	\$255
Suzanne Harvey	\$600	Polla and George Abed	\$250
Ray Lewis	\$600	David and Bonnie Allan	\$250
Tommy Maher	\$600	David Bauer	\$250
Elaine Amir	\$500	Donald Boardman & Janet Boardman Family Fund	\$250
Dorcas A. Arbach	\$500	CHM Care Management Services	\$250
M. Sigmund and Barbara Shapiro Philanthropic Fund	\$500	James Clement	\$250
Kirk, Julie, Elizabeth and Mac Fisher	\$500	Neil Cohen	\$250
Dorothy Harkins	\$500	Cohn Reznick,LLP	\$250
Health and Life Plans of America	\$500	Diane Coughlin	\$250
Timothy Hogan	\$500	Brian Defilippis	\$250
C. H. Lanzi	\$500	Jackie Deitsch	\$250
Debra Marshall	\$500	Lori Gerhard	\$250
Jennifer McCartney, Psy.D.	\$500	Katherine Goldberg	\$250
Melissa Mulreany	\$500	Jerald Greenspan	\$250
Tim and Joann Regan	\$500	Norma Killebrew	\$250
Derek Savage	\$500	Shirley Knelly	\$250
		Koons of Annapolis	\$250

Every effort has been made to include the names of all major donors to NAMI Maryland for FY 2014. We apologize for any names inadvertently omitted. Please notify us by calling 410-884-8691

# FY 2014 Major Donors

Walter and Mary Lafferty	\$250	Brad Rozansky	\$200
Richard Mandell	\$250	David Ruben	\$200
Lynnee and Judah, Mogilensky	\$250	Lascelles Samuels	\$200
Howard Perlow	\$250	Curt Schreffler	\$200
Paul Rubin	\$250	Jeffrey Slavin	\$200
Curtis Scmitt	\$250	Donald Steinwachs	\$200
Timothy and Patricia Sinclair	\$250	Nancy Stivers	\$200
Connie Walker	\$250	Lainie Surette	\$200
Ellen Weston	\$250	Michael Teitelbaum	\$200
Gordon Whitney	\$250	Kris and Joe Tyssowski	\$200
Sandy and Lewis Schneider	\$249	Mark Wagner	\$200
Olivia Gross	\$245	Gloria West	\$200
Jay Elinsky & Sara Wagschal	\$240	Andrea Wood	\$200
Lisa Borden	\$235	Sharon Felice	\$195
Andrew and Charlotte Trageser	\$230	Michaun Carney	\$185
Tyrell Jefferson	\$225	Tracy Jones	\$175
Constance Peterkin	\$220	Earl Wilmoth	\$164
Sharon Lipford	\$215	Laura Davis	\$160
Fernando Francisco	\$214.20	Gaylord Farquod	\$152
April Singer	\$210	Lissa Abrams	\$150
Jerome D. Carr	\$205	Mike and Meghan Barnes	\$150
Dorie Arbach	\$200	Robert Blankfeld	\$150
George Belleville	\$200	Sharra Cielo	\$150
Elizabeth Berner	\$200	Kelly Cooper	\$150
Mike and Nancy Bross	\$200	Moira Davenport	\$150
Anthony and Peggy Bur	\$200	Patricia Evans	\$150
Robin Cameron	\$200	Linda and Jeff Grant	\$150
Denise Chatham	\$200	Chris and Lauri Harkins	\$150
Keith Cohen	\$200	Hiltech Consulting, Inc.	\$150
Bernie and Marybeth Dembeck	\$200	Fred Huegel	\$150
Pete Dinwoodie	\$200	Tom Isabella	\$150
Marianne Eichenberger	\$200	Jeffrey Lastner	\$150
Linda Field	\$200	Melisa Lopez-Franzen	\$150
Len Fishman	\$200	Vicki Newberry	\$150
Ken Gault	\$200	Jacqueline Nicholls	\$150
Larry Gordon	\$200	Robert Parks	\$150
Marshall Horman	\$200	Kathy Pearson	\$150
Virginia Hughes	\$200	Lawrence and Trish Robinson	\$150
Ani Hurwitz	\$200	Barbara Rowe	\$150
Scott Jaffa	\$200	Barbara Scott	\$150
Diane and Steve Kaufman	\$200	John Stewart	\$150
Kellen and Linda Kuhn	\$200	Heather Tyrer	\$150
Charlotte Macomber	\$200	Oscar and Louise Ward	\$150
Serge Markov	\$200	Joe Willmott	\$150
Ed Matricardi	\$200	Elizabeth Wohner	\$150
Karen and Doug Monsein	\$200	Susan Yanovski	\$150
Paula Murphy	\$200	Melanie Zajiic	\$150
Sandy Paluzzi	\$200		
Joyce Parks	\$200		
QCI Behavioral Health	\$200		
Anil Rao	\$200		
Donald Reed	\$200		
Christine Reid	\$200		
Marlene Rogers, MD	\$200		
Sister Patricia Ann Rogucki	\$200		

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Please notify us by calling 410-884-8691

# NAMI Maryland

## Board Members

### who served during FY2014:

Bob Blankfeld  
Marjorie Sue Diehl  
Tamara Ervin  
Christopher Griffin  
Suzanne Harvey  
Carolyn Knight  
Msafiri (Yoko) Makembe  
Evelyn Mays  
Moirra Moynihan  
Sandra (Sandy) Paluzzi  
Royal Riddick  
Steven S. Sharfstein, MD  
Don Slater  
Ellen Weston

## Staff:

Kate Farinholt, JD.....Executive Director  
Jessica Honke, MSW...Policy & Advocacy Director  
Kristin Knott .....Program and Training  
Coordinator  
Ashley Haynes.....Outreach, Education and  
Events Coordinator  
Tess Walter.....Office Manager

## Contracted

Mary Fornoff, CPA.....Finance  
Karin Hack.....Communications and Fund  
Development Coordinator

## Local NAMI Maryland Affiliates

NAMI Anne Arundel County	443-569-3498
NAMI Carroll County	410-857-3650
NAMI Cecil County	443-955-4963
NAMI Frederick County	240-379-6186
NAMI Harford County	410-879-8570
NAMI Howard County	410-772-9300
NAMI Metropolitan Baltimore	410-435-2600
NAMI Montgomery County	301-949-5852
NAMI Prince George's County	301-429-0970
NAMI Southern Maryland	301-737-1988
NAMI Washington County	301-824-7725

Is no affiliate listed for your area? Contact NAMI Maryland at 410-884-8691

## NAMI Maryland's workplace charity numbers:

- 4186-** The United Way of Central Maryland
- 80114-** CFC of the Chesapeake Bay Area and National Capital Area.
- 5697-** Combined Charity Campaign for Baltimore City
- 4900-** Maryland Charity Campaign

**Let us know if you workplace has a grant or matching gift program**

### **Our Mission**

The mission of NAMI Maryland is to improve the quality of life for individuals and their families coping with mental illness.

We are dedicated to providing education, support and advocacy for persons with mental illnesses, their families and the wider community.

### **Our Passion and Promise**

It is our core principle that empowering family members and individuals is a critical factor in recovery, and a potent force in providing community education and bringing about systemic change.

NAMI Maryland is a unifying voice and a skilled provider of knowledge and skills at the grassroots level.

NAMI Maryland promises to work to build better lives for Marylanders affected by mental illness.



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